Please answer the following questions and return back to <insert location>.

1. **Was the program delivered in a manner that made it fun and engaging?**
2. **Did the program provide you with more information on the topic of ‘Allergy’?**
3. **Would you say that you are now more aware of the need to recognize the specific allergens that trigger your allergies?**
4. **Can you see yourself using the practical tips provided, to be proactive in avoidance of triggers?**
5. **Do you better appreciate the similarities and differences between a common cold and nasal allergies?**
6. **Do you now feel educated on the different types of allergies including nasal allergies, food allergies, skin allergies, and anaphylaxis?**
7. **Are you more likely to ask your healthcare provider if an allergy medication is indicated for your symptoms?**
8. **Do you now feel empowered with health education to make informed decisions about your health and well-being?**